

SEPTEMBER 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 <div style="text-align: center; font-size: 1.5em; font-weight: bold; color: #4CAF50;"> CLOSED for Labor Day </div>	3 Main Entrée* Beef Stew Rosemary Redskin Potatoes Stew Vegetables Wheat Bread Pumpkin Pie Café Entrée Club Sandwich Café Fresh Salad Chicken Taco Salad	4 Main Entrée* Apple Pork Tenderloin Stuffing Peas & Pearl Onions Wheat Roll Fruit Café Entrée Fish & Chips Café Fresh Salad Chef's Choice	5 Main Entrée* Baked Penne Italian Breadstick Italian Green Beans Cookie Café Entrée Polish Sausage Café Fresh Salad COA Salad	6 Main Entrée* Teriyaki Sake Chicken Rice Stir-Fry Vegetables Fortune Cookie Café Entrée Italian Melt Café Fresh Salad Tuna Salad
9 Main Entrée* French Toast Turkey Sausage Seasoned Potatoes Syrup Café Entrée Fried Ravioli Café Fresh Salad Harvest Vegetable Salad	10 Main Entrée* Beef Chili w/ Beans Fire Roasted Tomatoes Sour Cream Cornbread Fruit Café Entrée Grilled Cheese Café Fresh Salad Buffalo Chicken Salad	11 Main Entrée* Seasoned Pork Chop Mashed Potatoes & Gravy Peas & Carrots Wheat Roll Fruit Café Entrée Chicken Tenders Café Fresh Salad COA Salad	12 Main Entrée* Spaghetti & Meatballs Winter Blend Vegetables Garlic Toast Cake Café Entrée Rueben Café Fresh Salad Gyro Salad	13 Main Entrée* Turkey & Cheese Sandwich Coleslaw Potato Chips Fruit Café Entrée Pastalya Café Fresh Salad Custom Salad
16 Main Entrée* Maui Wowie Chicken Maple Roasted Sweet Potatoes Green Beans Wheat Bread Pudding Café Entrée Chicago Dog Café Fresh Salad Cheryl's Choice	17 Main Entrée* Shepherd's Pie Mixed Vegetables Mashed Potatoes Wheat Roll Fruit Café Entrée BLT Café Fresh Salad Crispy Chicken Salad	18 Main Entrée* Pork Stir-Fry Fried Rice Oriental Blend Vegetables Wheat Bread Cookie Café Entrée Cowboy Burger Café Fresh Salad Caesar Salad	19 Main Entrée* Tuna Noodle Casserole Mixed Vegetables Broccoli Wheat Roll Jello Café Entrée Ham & Cheese Sandwich Café Fresh Salad Cobb Salad	20 Main Entrée* Salisbury Steak Mashed Potatoes & Gravy Peas & Carrots Wheat Bread Applesauce Café Entrée Beef Tacos Café Fresh Salad Cottage Cheese w/ Fruit
23 Main Entrée* Chicken Sandwich on a Bun Rosemary Roasted Redskins Corn Cake Café Entrée Loaded Baked Potatoes Café Fresh Salad Chef's Choice	24 Main Entrée* Beef Stir-Fry Rice Oriental Vegetables Fortune Cookie Fruit Café Entrée Pulled Pork Sandwich Café Fresh Salad Fruit Salad	25 Main Entrée* Pork Chile Verde Rice Corn & Black Beans Crackers Pudding Café Entrée Chicken Alfredo Café Fresh Salad BLT Salad	26 Main Entrée* Cheese Ravioli Rice Garlic Bread Cookie Café Entrée Tuna Melt Café Fresh Salad Cheryl's Choice	27 Main Entrée* Catch of the Day Seasoned Redskin Potatoes Green Beans Choice of Bread Fruit Café Entrée Gyro Café Fresh Salad Beef Taco Salad
30 Main Entrée* Sweet & Sour Chicken Rice Sugar Snap Peas Fortune Cookie Café Entrée Naan with Hummus Café Fresh Salad Club Salad	LOCATIONS & HOURS <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <u>Low Center Hours (LC)</u> Lunch** 11:30 a.m. - 1:30 p.m. (weekdays) </div> <div style="width: 45%;"> <u>Front Street Crossing (FSC)</u> Lunch** 11:30 a.m. - 1:30 p.m. (weekdays) </div> </div> <hr style="border: 1px dashed #FF9800;"/> <div style="text-align: center;"> Chestnut Towers Apartments Meals* served daily by reservation only – call the COA for more information. </div>			

Menu is subject to change without notice.

***Daily vegetarian lunch option available upon request.*



Meals are funded in part by
 Region IV Area Agency on Aging and are
 served in partnership with Cass County COA.
(Suggested Donation per Meal: \$4.00)