


NOVEMBER 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
LOCATIONS & HOURS				
Low Center Hours (LC) Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)		Front Street Crossing (FSC) Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)		1 Main Entrée* Chicken Enchiladas Mexican Rice Refried Beans Apple Slices Café Entrée Philly Cheesesteak Café Fresh Salad Cheryl's Choice
..... Chestnut Towers Apartments Meals* served daily by reservation only - call the COA for more information.				
4 Main Entrée* Creamy Chicken Mac & Cheese Mixed Vegetables Garlic Toast Fruit Café Entrée Meat Lasagna Café Fresh Salad Cottage Cheese w/ Fruit	5 Main Entrée* Sweet & Sour Meatballs White Rice Steamed Winter Blend Vegetable Choice of Bread Cookie Café Entrée Chicken Tinga Café Fresh Salad Beef Taco Salad	6 National Nachos Day Main Entrée* Beef Nachos Diced Tomatoes / Green Onions Nacho Cheese Sauce Sour Cream / Salsa Rice Pudding Café Entrée Fish Sandwich Café Fresh Salad Custom Salad	7 Main Entrée* Cabbage Rolls Long Grain Wild Rice Peas Choice of Bread Mandarin Oranges Café Entrée Loaded Baked Potatoes Café Fresh Salad Chicken Caesar Salad	8 Main Entrée* Chicken Tenders Mashed Potatoes w/ Gravy California Blend Vegetables Fruit Café Entrée Grilled Ham & Cheese Café Fresh Salad COA Salad
Veterans Day Meal 11 Main Entrée* Chopped Steak w/ Mushrooms & Onions Mashed Potatoes / Corn Wheat Bread Jello Café Entrée Sausage Pizza Café Fresh Salad BLT Salad	12 Main Entrée* Roasted Pork Tenderloin Stuffing Dilled Baby Carrots Choice of Bread Turtle Brownies Café Entrée French Toast Café Fresh Salad Chef's Choice	13 Main Entrée* Sloppy Joe on a Bun Potato Wedges Dice Carrots Fruit Café Entrée White Chicken Chili Café Fresh Salad Tuna Salad	14 Main Entrée* Chicken Parmesan Noodles Tuscan Vegetables Italian Breadstick Cinnamon Apple Cake Café Entrée Italian Melt Café Fresh Salad Custom Salad	15 Main Entrée* Philly Cheesesteak on a Bun Rosemary Redskin Potatoes Fire-Roasted Corn Fruit Café Entrée Chicago Dog Café Fresh Salad Cheryl's Choice
18 Main Entrée* BBQ Chicken Thighs Baked Beans Corn Choice of Bread Apricots Café Entrée Tuna Melt Café Fresh Salad Crispy Chicken Salad	19 Main Entrée* Pork Chop Supreme w/ Gravy Rice Pilaf Green Beans Choice of Bread Apple Crisp Café Entrée Club Sandwich Café Fresh Salad Pita Salad	20 Main Entrée* Tilapia Garden Rice Blend Winter Blend Vegetables Choice of Bread Chocolate Chip Cookie Café Entrée Breakfast Burrito Café Fresh Salad Cobb Salad	21 Main Entrée* Meatloaf Mashed Potatoes w/ Gravy Baby Carrots Choice of Bread Fruit Café Entrée Grilled Cheese Café Fresh Salad COA Salad	Thanksgiving Dinner 22 Main Entrée* Roast Turkey Mashed Potatoes w/ Gravy Green Bean Casserole Wheat Roll Pumpkin Pie Café Entrée No Café Entrée Café Fresh Salad No Café Salad
25 Main Entrée* Orange Chicken Fried Rice Oriental Vegetables Fortune Cookie Café Entrée Cheeseburger Café Fresh Salad Taco Salad	26 Main Entrée* Breakfast Casserole Sausage Links Breakfast Potatoes Apple Café Entrée Shrimp Pasta Café Fresh Salad BLT Salad	27 Main Entrée* Tuna Noodle Casserole Wax Beans Breadstick Mixed Fruit Café Entrée Salisbury Steak Café Fresh Salad Cheryl's Choice	28 29 <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> <p style="font-size: 2em; font-weight: bold; color: black;">CLOSED</p> <p style="font-size: 1.5em; color: black;">for Thanksgiving</p> <p style="font-size: 1.2em; color: black;">Harvest Vegetable Salad</p> </div> <div style="text-align: center;"> <p style="font-size: 2em; font-weight: bold; color: black;">CLOSED</p> <p style="font-size: 1.5em; color: black;">for the Thanksgiving Holiday</p> </div> </div>	

Menu is subject to change without notice.
****Daily vegetarian lunch option available upon request.**



Area Agency On Aging
REGION IV

Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA.
(Suggested Donation per Meal: \$4.00)