

MAY 2023 Menu

Monday	Tuesday	Wednesday	Thursday	Friday		
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">1</p> <p>Main Entrée* Oven Fried Chicken Mashed Potatoes w/ Gravy Corn Wheat Roll Tropical Fruit</p> <p>Café Entrée Sub Sandwich</p> <p>Café Fresh Salad COA Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">2</p> <p>Main Entrée* Beef Stir Fry White Rice Sugar Snap Peas Fortune Cookie</p> <p>Café Entrée Grilled Ham & Cheese</p> <p>Café Fresh Salad Fruit Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">3</p> <p>Main Entrée* Apple Pork Loin Stuffing Brussels Sprouts Wheat Bread Peaches</p> <p>Café Entrée Flatbread Pizza</p> <p>Café Fresh Salad Antipasto Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">4</p> <p>Main Entrée* Baked Penne Green Beans Tossed Salad Italian Breadstick Pudding</p> <p>Café Entrée Tattooine Tuna Melt</p> <p>Café Fresh Salad Bantha (Buffalo Chicken) Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">5</p> <p style="text-align: center; background-color: #FFCDD2; padding: 2px;">Cinco de Mayo</p> <p>Main Entrée* Beef Tacos Mexican Rice Refried Beans Tres Leches Cake or Apple</p> <p>Café Entrée Italian Hoagie</p> <p>Café Fresh Salad Cottage Cheese w/ Fruit</p>		
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">8</p> <p>Main Entrée* Teriyaki Chicken Brown Rice Stir Fry Vegetables Almond Cookie</p> <p>Café Entrée Pulled Pork Sandwich</p> <p>Café Fresh Salad Cobb Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">9</p> <p>Main Entrée* Beef Stroganoff Egg Noodles Carrots Wheat Roll Apple Pie</p> <p>Café Entrée Spicy Chicken Sandwich</p> <p>Café Fresh Salad Turkey Craisin Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">10</p> <p style="text-align: center; background-color: #FFCC80; padding: 2px;">Hot Breakfast (LC)</p> <p>Main Entrée* Pork Chop Baked Potato Peas Wheat Bread Banana</p> <p>Café Entrée Bratwurst</p> <p>Café Fresh Salad Shrimp Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">11</p> <p>Main Entrée* Vegetable Lasagna Garlic Toast Broccoli Cookie</p> <p>Café Entrée Chicken Salad Sandwich</p> <p>Café Fresh Salad COA Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">12</p> <p>Main Entrée* Baked Salmon Wild Rice Green Beans Wheat Roll Pineapple</p> <p>Café Entrée Chili Dog</p> <p>Café Fresh Salad Mini Chef Salad</p>		
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">15</p> <p>Main Entrée* Grilled Chicken Three Bean Salad Spinach Wheat Bread Jello</p> <p>Café Entrée Patty Melt</p> <p>Café Fresh Salad Beef Taco Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">16</p> <p style="text-align: center; background-color: #FFCC80; padding: 2px;">Hot Breakfast (FSC)</p> <p>Main Entrée* Cheeseburger on a Bun Lettuce, Tomato, & Pickle Potato Salad Onion Rings Pears</p> <p>Café Entrée Tuna Salad Sandwich</p> <p>Café Fresh Salad Salad Trio</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">17</p> <p>Main Entrée* Baked Ham Roasted Redskins Capri Blend Vegetables Wheat Roll Banana Cake or Fruit Cup</p> <p>Café Entrée Loaded Baked Potato</p> <p>Café Fresh Salad Veggie Blend Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">18</p> <p>Main Entrée* Ravioli Peas & Carrots Spring Mix Salad Cheese Breadstick Plum</p> <p>Café Entrée Loaded Mac & Cheese</p> <p>Café Fresh Salad BLT Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">19</p> <p>Main Entrée* Tortilla Crusted Tilapia Coleslaw Mixed Vegetables Wheat Bread Banana Pudding or Fruit</p> <p>Café Entrée Popcorn Chicken</p> <p>Café Fresh Salad Tuna Salad</p>		
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">22</p> <p>Main Entrée* Chicken Tenders Mashed Potatoes w/ Gravy Corn on the Cob Wheat Roll Ice Cream Treat or Fruit</p> <p>Café Entrée Grilled Cheese</p> <p>Café Fresh Salad Cranberry Chicken Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">23</p> <p>Main Entrée* Beef Stew Roasted Redskins Stew Vegetables Wheat Bread Orange</p> <p>Café Entrée Chicken & Waffles</p> <p>Café Fresh Salad Mediterranean Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">24</p> <p>Main Entrée* Hot Dog on a Bun Baked Beans Tater Tots Pudding Cup or Fruit</p> <p>Café Entrée Gyro</p> <p>Café Fresh Salad Fruit Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">25</p> <p>Main Entrée* Beef Lasagna Garlic Bread Spinach Peaches</p> <p>Café Entrée Fish Tacos</p> <p>Café Fresh Salad Cobb Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">26</p> <p>Main Entrée* Fish Sandwich on a Bun Tossed Salad Corn Cake w/ Raspberry Sauce Fruit</p> <p>Café Entrée Deli Sandwich</p> <p>Café Fresh Salad Cottage Cheese w/ Fruit</p>		
<p style="font-size: 1.5em; font-weight: bold;">29</p> <p style="font-size: 1.5em; font-weight: bold; color: black;">CLOSED</p> <p style="font-size: 1.2em; color: black;">for Memorial Day</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">30</p> <p>Main Entrée* Beef Teriyaki Rice Stir Fry Vegetable Applesauce Fortune Cookie</p> <p>Café Entrée Tamales</p> <p>Café Fresh Salad Grilled Chicken Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">31</p> <p style="text-align: center; background-color: #FFCC80; padding: 2px;">Hot Breakfast (LC)</p> <p>Main Entrée* Pork Loin Mashed Potatoes w/ Gravy Carrots Wheat Roll Mandarin Oranges</p> <p>Café Entrée Chicago Dog</p> <p>Café Fresh Salad Chicken Taco Salad</p>	<p style="text-align: center; font-weight: bold; font-size: 1.1em;">LOCATIONS & HOURS</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;"> <p>Low Center Hours (LC)</p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p> <p>Buffet Breakfast 7:30 - 9:00 a.m. (May 10 & 31)</p> </td> <td style="width: 50%; border: none;"> <p>Front Street Crossing (FSC)</p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p> <p>Buffet Breakfast 7:30 - 9:00 a.m. (May 16)</p> </td> </tr> </table> <p style="text-align: center; font-weight: bold; color: white;">Chestnut Towers Apartments</p> <p style="text-align: center; color: white; font-size: 0.9em;">Meals* served daily by reservation only – call the COA for more information.</p>		<p>Low Center Hours (LC)</p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p> <p>Buffet Breakfast 7:30 - 9:00 a.m. (May 10 & 31)</p>	<p>Front Street Crossing (FSC)</p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p> <p>Buffet Breakfast 7:30 - 9:00 a.m. (May 16)</p>
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Menu is subject to change without notice.

**Daily vegetarian lunch option available upon request.



Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA. (Suggested Donation per Meal: \$4.00)