

## MAY 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">3</p> <p><b>Main Entrée*</b> Chicken Fajitas w/ Peppers &amp; Onions Black Beans &amp; Rice Lettuce, Tomato, Cheese, &amp; Salsa Tortillas / Fruit Yogurt</p> <p><b>Café Entrée</b> Egg Salad Sandwich</p> <p><b>Café Fresh Salad</b> Crispy Chicken Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">4</p> <p><b>Main Entrée*</b> Beef &amp; Broccoli Rice Chinese Salad Roll Pineapple</p> <p><b>Café Entrée</b> Italian Sub</p> <p><b>Café Fresh Salad</b> B.L.T. Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">5</p> <p>Cinco de Mayo</p> <p><b>Main Entrée*</b> Polish Sausage Potato Salad Spinach Salad Bun Orange</p> <p><b>Café Entrée</b> Street Tacos</p> <p><b>Café Fresh Salad</b> Italian Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">6</p> <p><b>Main Entrée*</b> Chicken Leg Quarter Roasted Potatoes Carrot Coins Side Salad Pears</p> <p><b>Café Entrée</b> Reuben</p> <p><b>Café Fresh Salad</b> Roast Beef Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">7</p> <p>Mother's Day</p> <p><b>Main Entrée*</b> Salisbury Steak w/ Gravy Mashed Potatoes Spring Blend Vegetables Mandarin Oranges Chocolate Mousse</p> <p><b>Café Entrée</b> Grilled Ham &amp; Cheese</p> <p><b>Café Fresh Salad</b> Grilled Chicken Salad</p>
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">10</p> <p><b>Main Entrée*</b> Pulled Pork Sandwich Mixed Bean Salad Roasted Potato Wedges Bun Applesauce / Juice</p> <p><b>Café Entrée</b> Polish Sausage</p> <p><b>Café Fresh Salad</b> Flatbread Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">11</p> <p><b>Main Entrée*</b> Spaghetti &amp; Meatballs Italian Blend Green Salad Italian Bread Fruited Jello</p> <p><b>Café Entrée</b> Pesto Turkey Panini</p> <p><b>Café Fresh Salad</b> Chicken Taco Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">12</p> <p><b>Main Entrée*</b> Roasted Pork Chop w/ Gravy Mashed Potatoes Broccoli &amp; Apple Salad Cornbread Peaches</p> <p><b>Café Entrée</b> BBQ Beef Sandwich</p> <p><b>Café Fresh Salad</b> House Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">13</p> <p><b>Main Entrée*</b> Crispy Fish Sandwich Spinach Coleslaw Whole Wheat Bun Fresh Fruit</p> <p><b>Café Entrée</b> Bacon Cheeseburger</p> <p><b>Café Fresh Salad</b> Turkey Craisins Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">14</p> <p><b>Main Entrée*</b> Sloppy Joe Macaroni Salad Broccoli Salad Bun Apple Slices</p> <p><b>Café Entrée</b> Three Meat Pizza</p> <p><b>Café Fresh Salad</b> Buffalo Chicken Salad</p>
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">17</p> <p><b>Main Entrée*</b> Beef Pot Pie Mashed Potatoes Spinach Roll Mandarin Oranges</p> <p><b>Café Entrée</b> Tuna Salad Sandwich</p> <p><b>Café Fresh Salad</b> Cattleman's Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">18</p> <p><b>Main Entrée*</b> Tuna Noodle Casserole Peas Coleslaw Sliced Carrots Roll / 100% Fruit Juice</p> <p><b>Café Entrée</b> Grilled Cheese</p> <p><b>Café Fresh Salad</b> House Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">19</p> <p><b>Main Entrée*</b> Baked Chicken Carrots &amp; Potatoes Summer Squash Roll Mixed Fruit</p> <p><b>Café Entrée</b> Sloppy Joe</p> <p><b>Café Fresh Salad</b> Custom Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">20</p> <p><b>Main Entrée*</b> Beef Taco Salad w/ Cheese Black Beans &amp; Salsa Shredded Lettuce &amp; Tomatoes Tortilla Chips Craisins</p> <p><b>Café Entrée</b> Dell Sandwich</p> <p><b>Café Fresh Salad</b> Italian Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">21</p> <p><b>Main Entrée*</b> Chicken Tetrazzini Steamed Zucchini Side Salad Biscuit Blueberry Crisp</p> <p><b>Café Entrée</b> Pulled Pork</p> <p><b>Café Fresh Salad</b> Flatbread Salad</p>
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">24</p> <p><b>Main Entrée*</b> Sweet &amp; Sour Meatballs Noodles Glazed Carrots Peas Peaches</p> <p><b>Café Entrée</b> Bratwurst</p> <p><b>Café Fresh Salad</b> Roast Beef Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">25</p> <p><b>Main Entrée*</b> Pork Tenderloin Creamy Corn Green Bean Salad Bread Pineapple</p> <p><b>Café Entrée</b> B.L.T.</p> <p><b>Café Fresh Salad</b> Grilled Chicken Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">26</p> <p><b>Main Entrée*</b> Philly Steak Sandwich Potato Salad Roasted Onions &amp; Peppers Whole Wheat Bun Fresh Fruit</p> <p><b>Café Entrée</b> Pesto Chicken Pizza</p> <p><b>Café Fresh Salad</b> Chicken Taco Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">27</p> <p><b>Main Entrée*</b> Chinese Beef Rice Asian Vegetables Apple Crisp</p> <p><b>Café Entrée</b> Mushroom Swiss Burger</p> <p><b>Café Fresh Salad</b> B.L.T. Salad</p>	<p style="text-align: right; font-weight: bold; font-size: 1.2em;">28</p> <p>Memorial Day Meal</p> <p><b>Main Entrée*</b> BBQ Chicken Baked Beans Mac &amp; Cheese Cornbread Fruit / Birthday Cake</p> <p><b>Café Entrée</b> Italian Panini</p> <p><b>Café Fresh Salad</b> House Salad</p>
<p style="text-align: right; font-weight: bold; font-size: 1.2em;">31</p> <p style="text-align: center; font-size: 1.5em; font-weight: bold;">CLOSED for Memorial Day</p>	<p style="font-weight: bold; font-size: 1.1em;">LOCATIONS &amp; HOURS</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p><u>Low Center Hours (LC)</u></p> <p>Lunch** (Provided by SNS*) 11:30 a.m. - 1:30 p.m. (weekdays) Take Out ONLY – NO Dine-in</p> </div> <div style="width: 45%;"> <p><u>Front Street Crossing (FSC)</u></p> <p>Lunch** (Provided by SNS*) 11:30 a.m. - 1:30 p.m. (weekdays) Take Out ONLY – NO Dine-in</p> </div> </div> <p style="text-align: center; font-weight: bold; font-size: 1.1em;">Chestnut Towers Apartments</p> <p style="text-align: center; font-size: 0.9em;">SNS* meals served daily by reservation only – call the COA for more information.</p>			

*Menu is subject to change without notice.  
\*\*Daily vegetarian lunch option available.  
Please see cashier first.*



Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA and Senior Nutrition Services dba Meals on Wheels of Southwest Michigan.