

JUNE 2023 Menu

| Monday | Tuesday | Wednesday | Thursday | Friday | | | | | | |
|---|--|--|-----------|--|--|---|---|--|---|-----------|
| LOCATIONS & HOURS | | | | | | | | | | |
| Low Center Hours (LC) Lunch** 11:30 a.m. - 1:30 p.m. (weekdays) Buffet Breakfast 7:30 - 9:00 a.m. (May 10 & 31) | | Front Street Crossing (FSC) Lunch** 11:30 a.m. - 1:30 p.m. (weekdays) Buffet Breakfast 7:30 - 9:00 a.m. (May 16) | | | | | | | | |
| Chestnut Towers Apartments Meals* served daily by reservation only – call the COA for more information. | | | | | | | | | | |
| Main Entrée* Chicken Fajitas Refried Beans Mexican Rice Tortilla Pudding Café Entrée Big Poppa Burger Café Fresh Salad Antipasto Salad | 5 | Main Entrée* Salisbury Steak Mashed Potatoes Mixed Vegetable Wheat Roll Ambrosia Café Entrée Tuna Salad Sandwich Café Fresh Salad Greek Salad | 6 | Main Entrée* Bratwurst Pasta Salad Baked Beans Bun Orange Café Entrée Italian Hoagie Café Fresh Salad Cottage Cheese w/ Fruit | 7 | Main Entrée* Baked Penne w/ Sausage Zucchini Tossed Salad Italian Breadstick Homemade Cookie Café Entrée Spicy Chicken Sandwich Café Fresh Salad Cobb Salad | 8 | Main Entrée* Fish Sticks Coleslaw Peas Hush Puppies Fruit Cocktail Café Entrée Sub Sandwich Café Fresh Salad Buffalo Chicken Salad | 9 | |
| Main Entrée* Orange Chicken White Rice Oriental Vegetables Fortune Cookie Café Entrée Cheeseburger Café Fresh Salad Shrimp Salad | 12 | Hot Breakfast (FSC) Main Entrée* Hamburger w/ Bun Lettuce, Tomato, & Pickle Coleslaw Rosemary Redskins Apple Pie Café Entrée Chicken Salad Sandwich Café Fresh Salad COA Salad | 13 | Main Entrée* Pork Chop Mashed Redskins w/ Gravy Carrots Wheat Roll Banana Café Entrée Chef's Special Café Fresh Salad Mini Chef Salad | 14 | Main Entrée* Lasagna Peas & Pearl Onions Garlic Toast Raspberry Chocolate Cake Café Entrée Patty Melt Café Fresh Salad Chicken Taco Salad | 15 | Main Entrée* Fish & Chips French Fries Coleslaw Wheat Bread Cupcake Café Entrée Pulled Pork Nachos Café Fresh Salad Salad Trio | 16 | |
| 19 | CLOSED <i>in honor of Juneteenth</i> | | | 20 | Main Entrée* Pulled Pork Sandwich Corn Maple Roasted Potatoes Bun Apple Café Entrée Roast Beef Sandwich Café Fresh Salad BLT Salad | 21 | Main Entrée* Ravioli Tossed Salad Broccoli Wheat Roll Cookie Café Entrée Fish Tacos Café Fresh Salad Michigan Chicken Salad | 22 | Main Entrée* Tilapia Wild Rice Carrots Wheat Bread Peaches Café Entrée Gyro Café Fresh Salad Oriental Salad | 23 |
| Main Entrée* Fried Chicken Mashed Potatoes w/ Gravy Green Beans Wheat Roll Apple Crisp Café Entrée Loaded Mac & Cheese Café Fresh Salad Mediterranean Salad | 26 | Main Entrée* Beef Stroganoff Peas & Carrots Wheat Bread Plum Café Entrée Tuna Melt Café Fresh Salad Fruit Salad | 27 | Hot Breakfast (LC) Main Entrée* Hot Dog on a Bun Baked Beans Corn Pudding Café Entrée California Rueben Café Fresh Salad Cobb Salad | 28 | Main Entrée* Baked Spaghetti Capri Blend Vegetables Breadstick Blueberry Cobbler Café Entrée Deli Sandwich Café Fresh Salad Cottage Cheese w/ Fruit | 29 | Main Entrée* Fish Sandwich Coleslaw Cauliflower Bun Jello Café Entrée Chicago Dog Café Fresh Salad Grilled Chicken Salad | 30 | |

Menu is subject to change without notice.

***Daily vegetarian lunch option available upon request.*



Meals are funded in part by
 Region IV Area Agency on Aging and are
 served in partnership with Cass County COA.
(Suggested Donation per Meal: \$4.00)