

JULY 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right; font-size: 24pt; font-weight: bold;">1</p> <p>Main Entrée* Tangerine Orange Chicken Fried Rice Stir Fry Vegetables Fortune Cookie</p> <p>Café Entrée French Dip</p> <p>Café Fresh Salad Cobb Salad</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">2</p> <p>Main Entrée* Sloppy Joe on a Bun Macaroni Salad Three Bean Salad Jello</p> <p>Café Entrée Chicken Parm Sandwich</p> <p>Café Fresh Salad Chery's Choice</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">3</p> <p>Main Entrée* Smoked Sausage Fire Roasted Peppers & Onions Roasted Redskin Potatoes Fresh Fruit</p> <p>Café Entrée Veggie Wrap</p> <p>Café Fresh Salad Buffalo Chicken Salad</p>	<p style="font-size: 24pt; font-weight: bold;">4</p> <p style="font-size: 36pt; font-weight: bold;">CLOSED for Independence Day</p>	<p style="font-size: 24pt; font-weight: bold;">5</p> <p style="font-size: 36pt; font-weight: bold;">CLOSED in honor of Independence Day</p>
<p style="text-align: right; font-size: 24pt; font-weight: bold;">8</p> <p>Main Entrée* Cheesy Chicken & Broccoli Potato Casserole Green Beans Fruit</p> <p>Café Entrée Italian Sub</p> <p>Café Fresh Salad Strawberry Chicken Salad</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">9</p> <p>Main Entrée* Cheesburger w/ Bun Lettuce, Tomato, & Pickle Potato Salad Baked Beans Fruit</p> <p>Café Entrée Buffalo Chicken Sandwich</p> <p>Café Fresh Salad Fruit Salad</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">10</p> <p>Main Entrée* Polish Sausage Sauerkraut Roasted Redskin Potatoes Choice of Bread Fruit Cocktail</p> <p>Café Entrée Grilled Ham & Cheese</p> <p>Café Fresh Salad Gyro Salad</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">11</p> <p>Main Entrée* Baked Penne w/ Beef Capri Blend Vegetables Garlic Bread Fruit</p> <p>Café Entrée Pulled Pork Sliders</p> <p>Café Fresh Salad Cottage Cheese w/ Fruit</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">12</p> <p>Main Entrée* Stadium Brat on a Bun Onion Rings Potato Salad Fruit</p> <p>Café Entrée Tuna Sandwich</p> <p>Café Fresh Salad Greek Salad</p>
<p style="text-align: right; font-size: 24pt; font-weight: bold;">15</p> <p>Main Entrée* Grilled Chicken Salad Cucumbers / Broccoli / Tomatoes Pasta Salad Choice of Bread Fruit</p> <p>Café Entrée Birria Tacos</p> <p>Café Fresh Salad COA Salad</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">16</p> <p>Main Entrée* Beef Teriyaki Fried Rice Oriental Vegetables Fortune Cookie</p> <p>Café Entrée Grilled Chicken Sandwich</p> <p>Café Fresh Salad Tuna Salad</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">17</p> <p>Main Entrée* Pork Chop w/ Apples Mashed Potatoes & Gravy Peas & Pearl Onions Choice of Bread Fruit Cocktail</p> <p>Café Entrée Bratwurst</p> <p>Café Fresh Salad Chef's Choice</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">18</p> <p>Main Entrée* Cheese Ravioli Italian Green Beans Italian Breadstick Fruit</p> <p>Café Entrée Rueben</p> <p>Café Fresh Salad Chicken Salad</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">19</p> <p>Main Entrée* Beef Tacos Mexican Rice Refried Beans Fruit</p> <p>Café Entrée Cheesburger</p> <p>Café Fresh Salad Strawberry Chicken Salad</p>
<p style="text-align: right; font-size: 24pt; font-weight: bold;">22</p> <p>Main Entrée* Cherry Blossom Chicken White Rice Stir Fry Vegetables Fortune Cookie</p> <p>Café Entrée B.L.T. Wrap</p> <p>Café Fresh Salad Cobb Salad</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">23</p> <p>Main Entrée* Beef Taco Salad Refried Beans Mexican Rice Tortilla Chips Fruit</p> <p>Café Entrée Veggie Wrap</p> <p>Café Fresh Salad Salad Trio</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">24</p> <p>Main Entrée* Hot Dog on a Bun Coleslaw Three Bean Salad Fruit</p> <p>Café Entrée Chicken Salad Croissant</p> <p>Café Fresh Salad Steak Salad</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">25</p> <p>Main Entrée* Italian Sausage Bake Broccoli Cauliflower Choice of Bread Fruit</p> <p>Café Entrée Potato Skins</p> <p>Café Fresh Salad Fruit Salad</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">26</p> <p>Main Entrée* Catch of the Day w/ Lemon Slice Roasted Potatoes Carrots & Peas Choice of Bread Pudding</p> <p>Café Entrée Chicken & Waffles</p> <p>Café Fresh Salad Caesar Salad</p>
<p style="text-align: right; font-size: 24pt; font-weight: bold;">29</p> <p>Main Entrée* Chicken Tenders Mashed Potatoes & Gravy Corn on the Cob Choice of Bread Fruit</p> <p>Café Entrée Smash Burger</p> <p>Café Fresh Salad Chery's Choice</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">30</p> <p>Main Entrée* Swedish Meatballs Egg Noodles Peas & Carrots Choice of Bread Fruit</p> <p>Café Entrée Deli Sandwich</p> <p>Café Fresh Salad Taco Salad</p>	<p style="text-align: right; font-size: 24pt; font-weight: bold;">31</p> <p>Main Entrée* Pulled Pork Sandwich on a Bun Roasted Redskin Potatoes Corn Fruit</p> <p>Café Entrée Gyro</p> <p>Café Fresh Salad Triple Cheese Salad</p>	<p style="font-size: 18pt; font-weight: bold; background-color: #006400; color: white; padding: 5px;">LOCATIONS & HOURS</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p><u>Low Center Hours (LC)</u></p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p> </div> <div style="width: 45%;"> <p><u>Front Street Crossing (FSC)</u></p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p> </div> </div> <p style="text-align: center; font-weight: bold; color: #006400;">Chestnut Towers Apartments</p> <p style="text-align: center; font-size: 10pt;">Meals* served daily by reservation only - call the COA for more information.</p>	

Menu is subject to change without notice.

**Daily vegetarian lunch option available upon request.



Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA.
(Suggested Donation per Meal: \$4.00)