

JANUARY 2022 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 <div style="text-align: center; font-size: 1.2em;"> CLOSED for the New Year's Holiday </div>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">4</div> <p>Main Entrée* Chicken Marsala over Pasta Beet Salad Roasted Cauliflower Mandarin Oranges</p> <p>Café Entrée Egg Salad Sandwich</p> <p>Café Fresh Salad Crispy Chicken Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">5</div> <p>Main Entrée* Liver & Onions Mashed Potatoes w/ Gravy Green Bean Casserole Biscuit Fruited Yogurt</p> <p>Café Entrée Decked-Out Burger</p> <p>Café Fresh Salad B.L.T. Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">6</div> <p>Main Entrée* Beef Fajitas Diced Lettuce & Tomato Black Beans / Salsa Tortilla Peaches</p> <p>Café Entrée Deli Sandwich</p> <p>Café Fresh Salad Italian Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">7</div> <p>Main Entrée* Fish w/ Tartar Sauce Herbed Rice Mixed Vegetables Whole Wheat Roll Pears</p> <p>Café Entrée Reuben</p> <p>Café Fresh Salad Flatbread Salad</p>
<div style="text-align: right; font-weight: bold; font-size: 1.2em;">10</div> <p>Main Entrée* Beef Stroganoff over Noodles Steamed Broccoli Baked Tomato Citrus Mix</p> <p>Café Entrée Beef and Mushroom Melt</p> <p>Café Fresh Salad Grilled Chicken Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">11</div> <p>Main Entrée* Lemon Honey Chicken Thigh Red Potatoes California Blend Vegetables Whole Wheat Roll Raisins</p> <p>Café Entrée Polish Sausage</p> <p>Café Fresh Salad Roast Beef Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">12</div> <p>Main Entrée* Lasagna w/ Tomatoes Italian Blend Vegetables Green salad Breadstick Pineapple</p> <p>Café Entrée B.L.T. Wrap</p> <p>Café Fresh Salad Chicken Taco Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">13</div> <p>Main Entrée* Carolina Pulled Pork Baked Beans Zucchini Whole Wheat Bun Pears</p> <p>Café Entrée Basil Tomato Grilled Cheese</p> <p>Café Fresh Salad House Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">14</div> <p>Main Entrée* BBO Chicken Macaroni & Cheese Creamed Peas Cornbread Apple Pie</p> <p>Café Entrée Tuna Salad Sandwich</p> <p>Café Fresh Salad Turkey Craisins Salad</p>
17 <div style="text-align: center; font-size: 1.2em;"> CLOSED for Martin Luther King Jr. Day </div>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">18</div> <p>Main Entrée* Baked Spaghetti Casserole Mixed Vegetables Broccoli Tortilla Chips Mandarin Oranges</p> <p>Café Entrée Bacon Cheeseburger</p> <p>Café Fresh Salad Buffalo Chicken Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">19</div> <p>Main Entrée* Herbed Chicken Quarter Creamed Spinach Stewed Tomatoes w/ Cheese Biscuit Baked Apple w/ Cinnamon</p> <p>Café Entrée Grilled Cheese</p> <p>Café Fresh Salad Cattleman's Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">20</div> <p>Main Entrée* Fish Sandwich Confetti Rice Spring Blend Vegetables Bun Apricots</p> <p>Café Entrée Pulled Pork</p> <p>Café Fresh Salad House Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">21</div> <p>Main Entrée* Ham & Bean Casserole Romaine Salad Baked Sliced Potatoes Crackers Peaches</p> <p>Café Entrée Mushroom Swiss Burger</p> <p>Café Fresh Salad Custom Salad</p>
<div style="text-align: right; font-weight: bold; font-size: 1.2em;">24</div> <p>Main Entrée* Pasta w/ Meat Sauce Spinach Mixed Vegetables Italian Bread Oranges</p> <p>Café Entrée Grilled Chicken Wrap</p> <p>Café Fresh Salad Flatbread Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">25</div> <p>Main Entrée* Herbed Boneless Pork Chop Mashed Potatoes w/ Gravy Steamed Carrots Biscuit Jello + Fruit</p> <p>Café Entrée Chicken Parm Sandwich</p> <p>Café Fresh Salad Grilled Chicken Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">26</div> <p>Main Entrée* Chicken Enchilada Southwest Blend Vegetables Corn Tortilla Craisins</p> <p>Café Entrée Meatball Sub</p> <p>Café Fresh Salad Roast Beef Salad</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">27</div> <p style="background-color: #ffcdd2; padding: 2px;">Luuu Menu (LC ONLY)</p> <p>Main Entrée* Beef Tips w/ Rice & Gravy Lima Beans Carrot Coins Fruited Yogurt</p> <p>Café Entrée Meatloaf Sandwich (FSC ONLY)</p> <p>Café Fresh Salad Chicken Taco Salad (FSC ONLY)</p>	<div style="text-align: right; font-weight: bold; font-size: 1.2em;">28</div> <p style="background-color: #bbdefb; padding: 2px;">CLOSED at 12:30 pm</p> <p>Main Entrée* Loaded Baked Potato w/ Chicken & Cheese Sautéed Onions & Peppers Steamed Spinach Pears / Birthday Cake</p> <p>Café Entrée Bratwurst</p> <p>Café Fresh Salad Buffalo Chicken Salad</p>
<div style="text-align: right; font-weight: bold; font-size: 1.2em;">31</div> <p>Main Entrée* Pork Roast w/ Gravy Roasted Potatoes Succotash Whole Wheat Roll Fruit Crumble</p> <p>Café Entrée Italian Melt</p> <p>Café Fresh Salad House Salad</p>	LOCATIONS & HOURS			
<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p><u>Low Center Hours (LC)</u></p> <p>Lunch** (Provided by SNS*) 11:30 a.m. - 1:30 p.m. (weekdays)</p> </div> <div style="width: 45%;"> <p><u>Front Street Crossing (FSC)</u></p> <p>Lunch** (Provided by SNS*) 11:30 a.m. - 1:30 p.m. (weekdays)</p> </div> </div> <hr style="border: 1px dotted #ccc;"/> <p style="text-align: center; font-weight: bold; color: #438843;">Chestnut Towers Apartments</p> <p style="text-align: center; font-size: 0.8em;">SNS* meals served daily by reservation only - call the COA for more information.</p>				

Menu is subject to change without notice.
**Daily vegetarian lunch option available.
Please see cashier first.



Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA and Senior Nutrition Services dba Meals on Wheels of Southwest Michigan.