

## FEBRUARY 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>LOCATIONS &amp; HOURS</b>				
<p><u>Low Center Hours (LC)</u></p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p>		<p><u>Front Street Crossing (FSC)</u></p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p>		
<p><b>Chestnut Towers Apartments</b> Meals* served daily by reservation only - call the COA for more information.</p>				
<p><b>5</b></p> <p><b>Main Entrée*</b> Chicken Tenders Mashed Potatoes w/ Gravy Mixed Vegetables Wheat Roll Brownie</p> <p><b>Café Entrée</b> Corned Beef on Rye</p> <p><b>Café Fresh Salad</b> Cheryl's Choice</p>	<p><b>6</b></p> <p><b>Main Entrée*</b> Pork Chop Rice Carrots &amp; Peas Fruit Cookie</p> <p><b>Café Entrée</b> Pizza</p> <p><b>Café Fresh Salad</b> Custom Salad</p>	<p><b>7</b></p> <p><b>Main Entrée*</b> Vegetarian Chili Cornbread Tortilla Chips Cake</p> <p><b>Café Entrée</b> Pulled Pork Nachos</p> <p><b>Café Fresh Salad</b> Chicken Bacon Ranch</p>	<p><b>8</b></p> <p><b>Main Entrée*</b> Beef Stew w/ Vegetables Rosemary Redskins Whole Wheat Roll Fruit</p> <p><b>Café Entrée</b> Italian Beef</p> <p><b>Café Fresh Salad</b> COA Salad</p>	<p><b>9</b></p> <p><b>Main Entrée*</b> Tuna Noodle Casserole Peas Wheat Bread Pie</p> <p><b>Café Entrée</b> Chef's Special</p> <p><b>Café Fresh Salad</b> Italian Chicken</p>
<p><b>12</b></p> <p><b>Main Entrée*</b> Chicken Fajitas Roasted Peppers &amp; Onions Corn &amp; Black Beans Tortilla Peaches</p> <p><b>Café Entrée</b> Italian Melt</p> <p><b>Café Fresh Salad</b> Very Veggie Salad</p>	<p><b>Mardi Gras</b></p> <p><b>13</b></p> <p><b>Main Entrée*</b> Jambalaya Red Beans &amp; Rice Whipped Sweet Potatoes King Cake</p> <p><b>Café Entrée</b> Chicago Dog</p> <p><b>Café Fresh Salad</b> Oriental Salad</p>	<p><b>Valentine's Day</b></p> <p><b>14</b></p> <p><b>Main Entrée*</b> Chicken Kiev Rosemary Redskins Green Beans Amandine Assorted Cheesecake</p> <p><b>Café Entrée</b> Pizza</p> <p><b>Café Fresh Salad</b> Tuna Salad</p>	<p><b>15</b></p> <p><b>Main Entrée*</b> Mostaccioli Zucchini Garlic Toast Tropical Fruit</p> <p><b>Café Entrée</b> Roast Beef Sandwich</p> <p><b>Café Fresh Salad</b> Chef's Choice</p>	<p><b>16</b></p> <p><b>Main Entrée*</b> Catch of the Day Wild Rice Blend Carrots Fruit Cocktail</p> <p><b>Café Entrée</b> Chicken Tenders</p> <p><b>Café Fresh Salad</b> COA Salad</p>
<p><b>19</b></p> <p style="text-align: center; font-size: 1.5em;"><b>CLOSED</b> <i>in honor of Presidents Day</i></p>	<p><b>20</b></p> <p><b>Main Entrée*</b> Chicken à la King Mixed Vegetables Biscuit Jello</p> <p><b>Café Entrée</b> Loaded Baked Potato</p> <p><b>Café Fresh Salad</b> Custom Salad</p>	<p><b>21</b></p> <p><b>Main Entrée*</b> Lasagna Italian Breadstick Scandinavian Blend Vegetables Pumpkin Pie</p> <p><b>Café Entrée</b> Pulled Chicken Sandwich</p> <p><b>Café Fresh Salad</b> Pita Salad</p>	<p><b>22</b></p> <p><b>Main Entrée*</b> Enchiladas Mexican Rice Black Beans Tapioca Pudding</p> <p><b>Café Entrée</b> Tuna Melt</p> <p><b>Café Fresh Salad</b> Mediterranean Salad</p>	<p><b>23</b></p> <p><b>Main Entrée*</b> Southern Style Flounder Hush Puppies Broccoli Chocolate Cake or Fruit</p> <p><b>Café Entrée</b> Wet Burrito</p> <p><b>Café Fresh Salad</b> Mini Chef Salad</p>
<p><b>26</b></p> <p><b>Main Entrée*</b> Sweet &amp; Sour Chicken White Rice Sugar Snap Peas Fortune Cookie Applesauce</p> <p><b>Café Entrée</b> Chili</p> <p><b>Café Fresh Salad</b> Italian Salad</p>	<p><b>27</b></p> <p><b>Main Entrée*</b> Pork Chop Stuffing Brussels Sprouts Wheat Roll Pears</p> <p><b>Café Entrée</b> Gyro</p> <p><b>Café Fresh Salad</b> Mini Garden Salad</p>	<p><b>28</b></p> <p><b>Main Entrée*</b> Beef Tacos Mexican Rice Refried Beans Tortilla Blueberry Crisp</p> <p><b>Café Entrée</b> Grilled Cheese</p> <p><b>Café Fresh Salad</b> Crispy Chicken Salad</p>	<p><b>Leap Day</b></p> <p><b>29</b></p> <p><b>Main Entrée*</b> Baked Spaghetti Broccoli Breadstick Banana</p> <p><b>Café Entrée</b> The Marty Mac Burger</p> <p><b>Café Fresh Salad</b> COA Salad</p>	

*Menu is subject to change without notice.*

*\*\*Daily vegetarian lunch option available upon request.*



Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA. (Suggested Donation per Meal: \$4.00)