

# AUGUST 2024 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
LOCATIONS & HOURS				
<p><b>Low Center Hours (LC)</b></p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p>	<p><b>Front Street Crossing (FSC)</b></p> <p>Lunch** 11:30 a.m. - 1:30 p.m. (weekdays)</p>			
<p><b>Chestnut Towers Apartments</b> Meals* served daily by reservation only - call the COA for more information.</p>			<p><b>Main Entrée*</b> Lasagna Broccoli Italian Breadstick Fresh Fruit</p> <p><b>Café Entrée</b> Deli Sandwich</p> <p><b>Café Fresh Salad</b> Fiesta Chicken Salad</p>	<p><b>Main Entrée*</b> Hot Dog on a Bun Roasted Redskin Potatoes Coleslaw Jello</p> <p><b>Café Entrée</b> Chicken Parm Sandwich</p> <p><b>Café Fresh Salad</b> Chef's Choice</p>
<p><b>Main Entrée*</b> Chicken Enchiladas Mexican Rice Refried Beans Tortilla Rice Pudding</p> <p><b>Café Entrée</b> Beef Quesadilla</p> <p><b>Café Fresh Salad</b> Cottage Cheese w/ Fruit</p>	<p><b>Main Entrée*</b> Beef &amp; Broccoli Brown Rice Stir-Fry Vegetables Fortune Cookie Fresh Fruit</p> <p><b>Café Entrée</b> Italian Sub</p> <p><b>Café Fresh Salad</b> Strawberry Chicken Salad</p>	<p><b>Main Entrée*</b> Ham &amp; Cheese Sandwich Potato Salad Three Bean Salad Mandarin Oranges</p> <p><b>Café Entrée</b> Chicken Tenders</p> <p><b>Café Fresh Salad</b> Fruit Salad</p>	<p><b>Main Entrée*</b> Macaroni &amp; Cheese Carrots Peas &amp; Pearl Onions Apple Crisp</p> <p><b>Café Entrée</b> Grilled Cheese</p> <p><b>Café Fresh Salad</b> Cobb Salad</p>	<p><b>Main Entrée*</b> Pulled Pork on a Bun Maple Roasted Sweet Potatoes Green Beans Fruit</p> <p><b>Café Entrée</b> Mini Tacos</p> <p><b>Café Fresh Salad</b> COA Salad</p>
<p><b>Main Entrée*</b> Sweet &amp; Sour Chicken White Rice Oriental Vegetables Fortune Cookie Banana</p> <p><b>Café Entrée</b> French Dip</p> <p><b>Café Fresh Salad</b> Greek Salad</p>	<p><b>Main Entrée*</b> Beef Tacos Spanish Rice Refried Beans Tortilla Fruit</p> <p><b>Café Entrée</b> Chicken Wings</p> <p><b>Café Fresh Salad</b> Custom Salad</p>	<p><b>CLOSED</b> for <b>Annual Cookout</b> at Cass County Fairgrounds</p>	<p><b>Main Entrée*</b> Tuna Noodle Casserole Mixed Vegetables Broccoli Wheat Roll Fruit</p> <p><b>Café Entrée</b> Sonoran Hot Dog</p> <p><b>Café Fresh Salad</b> Cheryl's Choice</p>	<p><b>Main Entrée*</b> Chicken Marsala Rice Pilaf Spinach Wheat Bread Fresh Fruit</p> <p><b>Café Entrée</b> California Rubeen</p> <p><b>Café Fresh Salad</b> Crispy Chicken Salad</p>
<p><b>Main Entrée*</b> Chicken Salad Cucumbers, Tomatoes, &amp; Carrots Wheat Roll Fresh Fruit</p> <p><b>Café Entrée</b> Cheeseburger</p> <p><b>Café Fresh Salad</b> Salad Trio</p>	<p><b>Main Entrée*</b> Salisbury Steak Mashed Potatoes Peas &amp; Carrots Wheat Bread Fruit</p> <p><b>Café Entrée</b> Ham &amp; Cheese Sandwich</p> <p><b>Café Fresh Salad</b> Cobb Salad</p>	<p><b>Main Entrée*</b> Pork Chop Roasted Redskin Potatoes Carrots Wheat Bread Cookie</p> <p><b>Café Entrée</b> Smoked Gouda Mac Bites</p> <p><b>Café Fresh Salad</b> Cottage Cheese w/ Fruit</p>	<p><b>Main Entrée*</b> Spaghetti &amp; Meatballs Green Beans Garlic Toast Fresh Fruit</p> <p><b>Café Entrée</b> Chicken Tinga</p> <p><b>Café Fresh Salad</b> Steak Salad</p>	<p><b>Main Entrée*</b> Fish Sandwich on a Bun Coleslaw Hushpuppies Cake</p> <p><b>Café Entrée</b> Loaded Potato Skins</p> <p><b>Café Fresh Salad</b> Fruit Salad</p>
<p><b>Main Entrée*</b> Chicken Tenders Mashed Potatoes Corn Fruit</p> <p><b>Café Entrée</b> Pulled Pork Nachos</p> <p><b>Café Fresh Salad</b> Caesar Salad</p>	<p><b>Main Entrée*</b> Swedish Meatballs Egg Noodles Green Beans Wheat Roll Fruit</p> <p><b>Café Entrée</b> Smash Burger</p> <p><b>Café Fresh Salad</b> Cheryl's Choice</p>	<p><b>Main Entrée*</b> Bratwurst on a Bun Corn Baked Beans Jello</p> <p><b>Café Entrée</b> Deli Sandwich</p> <p><b>Café Fresh Salad</b> Taco Salad</p>	<p><b>Main Entrée*</b> Baked Penne Italian Beans Italian Breadstick Fresh Fruit</p> <p><b>Café Entrée</b> Gyro</p> <p><b>Café Fresh Salad</b> Buffalo Chicken Salad</p>	<p><b>Main Entrée*</b> Grilled Chicken Breast on a Bun Tri-Potato Blend Fire Roasted Corn Brownie</p> <p><b>Café Entrée</b> Pulled Chicken Sandwich</p> <p><b>Café Fresh Salad</b> Greek Salad</p>

Menu is subject to change without notice.  
\*\*Daily vegetarian lunch option available upon request.



**Area Agency On Aging** REGION IV

Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA. (Suggested Donation per Meal: \$4.00)