

AUGUST 2022 Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| <p style="text-align: right; font-weight: bold; font-size: 1.2em;">1</p> <p>Main Entrée* Fried Chicken Macaroni & Cheese Mixed Vegetables Cornbread Pineapple</p> <p>Café Entrée Gyro Sandwich</p> <p>Café Fresh Salad Greek Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">2</p> <p>Main Entrée* Beef Taco Salad w/ Cheese Black Beans / Salsa Diced Tomato Tortilla Chips Grapes</p> <p>Café Entrée BLT Wrap</p> <p>Café Fresh Salad Oriental Chicken Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">3</p> <p>Main Entrée* Chef Salad w/ Turkey Ham, Cheese, Lettuce Mix, Carrots, Cucumber, & Peppers Potato Salad / Wheat Crackers Potato Yogurt</p> <p>Café Entrée Reuben</p> <p>Café Fresh Salad Flatbread Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">4</p> <p>Main Entrée* Lemon Tilapia over Rice Creamed Peas Stewed Tomatoes Whole Wheat Bread Mixed Fruit</p> <p>Café Entrée Loaded Mac & Cheese</p> <p>Café Fresh Salad Fruit Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">5</p> <p>Main Entrée* Salisbury Steak w/ Onion Gravy Mashed Potatoes Carrots Whole Wheat Roll Cherry Crumble</p> <p>Café Entrée Flame Broiled Cheeseburger</p> <p>Café Fresh Salad Chicken Cranberry Salad</p> |
| <p style="text-align: right; font-weight: bold; font-size: 1.2em;">8</p> <p>Main Entrée* Chicken Alfredo Summer Corn Salad w/ Red Peppers Broccoli / Rye Bread Fruited Jello</p> <p>Café Entrée Tuna Wrap</p> <p>Café Fresh Salad Cottage Cheese w/ Fruit</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">9</p> <p>Main Entrée* Spinach, Tomato, Cucumber & Chicken Salad Marinated Vegetables Crackers Red, White & Blue Cheesecake</p> <p>Café Entrée Pepperoni Flatbread Pizza</p> <p>Café Fresh Salad Veggie Blend Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">10</p> <p>Main Entrée* Pepper Steak over Rice Steamed Broccoli Oriental Vegetables Melon</p> <p>Café Entrée Boneless Chicken Wings</p> <p>Café Fresh Salad Turkey Craisin Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">11</p> <p>Main Entrée* Roasted Chicken Quarter Mashed Potatoes w/ Gravy Summer Salad Roll Mixed Fresh Berries</p> <p>Café Entrée Grilled All Beef Hot Dog</p> <p>Café Fresh Salad Antipasto Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">12</p> <p>Main Entrée* Beef Sandwich Steamed Zucchini Broccoli Salad Steak Bun Apple Slices</p> <p>Café Entrée Italian Sub Sandwich</p> <p>Café Fresh Salad COA Salad</p> |
| <p style="text-align: right; font-weight: bold; font-size: 1.2em;">15</p> <p>Main Entrée* Sloppy Joe Potato Wedges Peas & Carrots Whole Wheat Bun Mandarin Oranges</p> <p>Café Entrée Veggie Wrap</p> <p>Café Fresh Salad Strawberry Chicken Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">16</p> <p>Main Entrée* Turkey à la King over Biscuit Spinach Salad w/ Tomatoes & Shredded Carrots Green Beans Fruit Yogurt</p> <p>Café Entrée Pulled Pork</p> <p>Café Fresh Salad Beef Taco Salad</p> | <p style="font-size: 2em; font-weight: bold; color: white;">CLOSED</p> <p style="font-size: 1.5em; color: white;">for</p> <p style="font-size: 2em; font-weight: bold; color: white;">Annual</p> <p style="font-size: 1.5em; color: white;">Cookout</p> <p style="font-size: 1.5em; color: white;">at Cass County</p> <p style="font-size: 1.5em; color: white;">Fairgrounds</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">18</p> <p>Main Entrée* Stuffed Green Peppers w/ Meat Rice Beets Whole Wheat Bread Mandarin Oranges</p> <p>Café Entrée Bratwurst</p> <p>Café Fresh Salad Grilled Chicken Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">19</p> <p>Main Entrée* Homemade Salmon Patty Confetti Rice Sautéed Carrots Roll Peaches</p> <p>Café Entrée Chicken Quesadilla</p> <p>Café Fresh Salad Caprese Salad</p> |
| <p style="text-align: right; font-weight: bold; font-size: 1.2em;">22</p> <p>Main Entrée* Walnut Chicken over Rice Chinese Salad (Romaine Lettuce, Purple Cabbage, Cucumber) Steamed Broccoli Apricots</p> <p>Café Entrée Chicago Dog</p> <p>Café Fresh Salad Taco Salad Bowl</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">23</p> <p>Main Entrée* Polish Sausage w/ Onions & Peppers Warm German Potato Salad Snap Peas / Bun Melon</p> <p>Café Entrée Meatloaf Sandwich</p> <p>Café Fresh Salad Buffalo Chicken Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">24</p> <p>Main Entrée* Cheeseburger w/ Lettuce, Tomato, & Pickle Potato Wedges Coleslaw / Whole Wheat Bun Banana Pudding</p> <p>Café Entrée California Reuben</p> <p>Café Fresh Salad House Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">25</p> <p>Main Entrée* Chicken Salad Wrap w/ Cheese Antipasto Pasta Salad Tortilla Wrap Pears</p> <p>Café Entrée Club Sandwich</p> <p>Café Fresh Salad COA Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">26</p> <p>Main Entrée* Philly Cheesesteak Corn Roasted Cauliflower Cornbread Fruit / Birthday Cake</p> <p>Café Entrée Nachos</p> <p>Café Fresh Salad Fruit Salad</p> |
| <p style="text-align: right; font-weight: bold; font-size: 1.2em;">29</p> <p>Main Entrée* Pork Tenderloin Baked Potato Marinated Vegetable Salad (Tomatoes, Cucumbers) Bread / Pineapple</p> <p>Café Entrée Cowboy Burger</p> <p>Café Fresh Salad Cobb Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">30</p> <p>Main Entrée* Spaghetti & Meatballs Sautéed Broccoli Sliced Tomatoes Breadstick w/ Marinara Fruit Yogurt / Apricots</p> <p>Café Entrée Turkey Melt</p> <p>Café Fresh Salad Greek Salad</p> | <p style="text-align: right; font-weight: bold; font-size: 1.2em;">31</p> <p>Main Entrée* Turkey Sandwich on Whole Wheat Bread Vegetable Soup Ambrosia</p> <p>Café Entrée Ham & Cheese Wrap</p> <p>Café Fresh Salad Turkey Craisin Salad</p> | <p style="font-weight: bold; font-size: 1.1em;">LOCATIONS & HOURS</p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p>Low Center Hours (LC)</p> <p>Lunch** (Provided by SNS*) 11:30 a.m. - 1:30 p.m. (weekdays)</p> <p>Breakfast 7:00 a.m. - 9:00 a.m. (weekdays)</p> </div> <div style="width: 45%;"> <p>Front Street Crossing (FSC)</p> <p>Lunch** (Provided by SNS*) 11:30 a.m. - 1:30 p.m. (weekdays)</p> <p>Breakfast 7:00 a.m. - 10:00 a.m. (weekdays)</p> </div> </div> <p style="text-align: center; font-weight: bold; font-size: 1.1em;">Chestnut Towers Apartments</p> <p style="text-align: center; font-size: 0.9em;">SNS* meals served daily by reservation only - call the COA for more information.</p> | |

*Menu is subject to change without notice.
**Daily vegetarian lunch option available.
Please see cashier first.*



Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA and Senior Nutrition Services dba Meals on Wheels of Southwest Michigan.