

DAILY MENU (Menu is subject to change without notice. Daily vegetarian option available. Please see cashier first.)

Date	SNS Main Entrée*	Café Entrée	Café Fresh Salad	Summer Salad
Mon, Sep 3	Closed for Labor Day	Closed for Labor Day	Closed for Labor Day	Closed
Tue, Sep 4	BBQ Chicken	Ham and Cheese Wrap	Fruit Bowl	Tuna Salad
Wed, Sep 5	HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)			
	Pork Loin w/ Gravy	Italian Steak Sandwich	Turkey Craisins Salad	Egg Salad
Thu, Sep 6	Turkey Tetrazzini	Polish Sausage	Roast Beef Salad	Seafood Salad
Fri, Sep 7	Beef Taco	Three Meat Pizza	Chicken Taco Salad	Chicken Salad
Mon, Sep 10	Baked Manicotti	Cheeseburger	Custom Salad	Tuna Salad
Tue, Sep 11	Salmon Patty w/ Dill Sauce	Deli Sandwich	House Salad	Egg Salad
Wed, Sep 12	Chicken Enchilada	Pulled Pork	Fruit Bowl	Seafood Salad
Thu, Sep 13	Salisbury Steak	Jumbo Hot Dog w/ Fixings	Flatbread Salad	Tuna Salad
Fri, Sep 14	Tuna Pasta Salad on a Bed of Greens	Italian Sub	Crispy Chicken Salad	Chicken Salad
Mon, Sep 17	Country Chicken	B.L.T. Wrap	Pizza Salad	Seafood Salad
Tue, Sep 18	Fish Sandwich	Deli Sandwich	Grilled Chicken Salad	Egg Salad
Wed, Sep 19	HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)			
	Chinese Beef	Meatball Sub	House Salad	Chicken Salad
Thu, Sep 20	Hot Beef Sandwich	BBQ Chicken Pizza	Cattleman's Salad	Tuna Salad
Fri, Sep 21	Brat w/ Sautéed Onions & Mushrooms	Roast Beef Club	Diner Salad	Egg Salad
Mon, Sep 24	Oven Fried Chicken	Bratwurst	Fruit Bowl	Seafood Salad
Tue, Sep 25	Broccoli Cheese Quiche	Mushroom Swiss Burger	Turkey Craisins Salad	Chicken Salad
Wed, Sep 26	Chicken Salad Wrap	BBQ Rib Sandwich	Custom Salad	Tuna Salad
Thu, Sep 27	Swiss Steak w/ Onions	Pesto Chicken Pizza	Flatbread Salad	Egg Salad
Fri, Sep 28	Hamburger on a Bun	Pepperoni Pizza	Crispy Chicken Salad	Seafood Salad

LOCATIONS & HOURS

Lowe Center (LC)

Continental Breakfast
7:30 - 10 a.m. (weekdays)

Lunch** (Provided by SNS*)
11:45 a.m. - 1:15 p.m. (weekdays)

**Daily vegetarian option available.
Please see cashier first.

Chestnut Towers Apartments

SNS* meals served daily by
reservation only - call the
COA for more information.

Front Street Crossing (FSC)

Café Hours
10 a.m. - 2 p.m. (weekdays)

Coffee available during business hours.

Lunch** (Provided by SNS*)
11:30 a.m. - 1:30 p.m. (weekdays)

Grab and go selections available!

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Chicken Salad Lettuce Boats
with Cottage Cheese & Peaches



Meals are funded by



Along with
Participant Contributions
& Community Donations



Senior Nutrition Services meals are for
seniors 60 and older.
They provide a complete meal.