

DAILY MENU (Menu is subject to change without notice. Daily vegetarian option available. Please see cashier first.)

Date	SNS Main Entrée*	Café Entrée	Café Fresh Salad
Mon, Sep 2	Closed for Labor Day	Closed for Labor Day	Closed for Labor Day
Tue, Sep 3	Chicken Salad w/ Melon	Pepperoni Pizza	Cattleman's Salad
Wed, Sep 4	HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)		
	BBQ Roast Beef	Polish Sausage	Grilled Chicken Salad
Thu, Sep 5	Chicken Teryaki	Pesto Turkey Sandwich	Chicken Taco Salad
Fri, Sep 6	Sloppy Joes	Italian Beef	Seafood Salad
Mon, Sep 9	Pepper Steak over Rice	Egg Salad Sandwich	Custom Salad
Tue, Sep 10	Tuna Veggie Salad	Cheeseburger	Tuna Salad
Wed, Sep 11	Citrus Chicken	BBQ Chicken Pizza	Crispy Chicken Salad
Thu, Sep 12	Vegetarian Lasagna	Bratwurst	Flatbread Salad
Fri, Sep 13	Oven Fried Chicken	Roast Beef Sandwich	Grilled Chicken Salad
Mon, Sep 16	Beef Taco Salad	Meatball Sub	B.L.T. Salad
Tue, Sep 17	Chicken Parmesan	BBQ Bacon Burger	Fruit Salad
Wed, Sep 18	HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)		
	Pot Roast	Tuna Salad Sandwich	House Salad
Thu, Sep 19	Salisbury Steak	Three Meat Pizza	Custom Salad
Fri, Sep 20	Lemon Baked Fish	Italian Sausage	Signature Salad
Mon, Sep 23	Beef Stroganoff over Noodles	Italian Sub	Chicken Taco Salad
Tue, Sep 24	Pork Loin w/ Gravy	BBQ Rib Sandwich	Flatbread Salad
Wed, Sep 25	Chicken Salad w/ Pears	Mushroom Swiss Burger	Roast Beef Salad
Thu, Sep 26	Loaded Baked Potato	Chicken Salad Sandwich	Crispy Chicken Salad
Fri, Sep 27	Sloppy Joes	Pesto Chicken Pizza	Fruit Salad
Mon, Sep 30	Bratwurst	Ham and Bacon Club	Turkey Craisins Salad

LOCATIONS & HOURS

Low Center (LC)

Continental Breakfast
7:30 - 10 a.m. (weekdays)

Lunch** (Provided by SNS*)
11:45 a.m. - 1:15 p.m. (weekdays)

**Daily vegetarian option available.
Please see cashier first.

Chestnut Towers Apartments & Stone Lake Manor Apartments

SNS* meals served daily by
reservation only - call the
COA for more information.

Front Street Crossing (FSC)

Café Hours
10 a.m. - 2 p.m. (weekdays)

Coffee available during business hours.

Lunch** (Provided by SNS*)
11:30 a.m. - 1:30 p.m. (weekdays)

Grab and go selections available!

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Tuna Salad Sandwich

Meals are funded by



Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA and Senior Nutrition Services dba Meals on Wheels of Southwest Michigan.