

DAILY MENU (Menu is subject to change without notice. Daily vegetarian option available. Please see cashier first.)

Date	SNS Main Entrée*	Café Entrée	Café Fresh Salad
Mon, Oct 2	Deviled Pork Chop	Turkey Sandwich	Roast Beef Salad
Tue, Oct 3	Sloppy Joes	Ham Roll Up	Italian Salad
Wed, Oct 4	HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)		
	BBQ Pork Chop	Italian Steak Sandwich	Chicken Taco Salad
Thu, Oct 5	Stuffed Peppers	Egg Salad Sandwich	Crab Salad
Fri, Oct 6	Fish Creole over Rice	Three Meat Pizza	Fruit Bowl
Mon, Oct 9	Sliced Turkey w/ Gravy	Deli Ham Sandwich	Grilled Chicken Salad
Tue, Oct 10	Goulash	Chicken Salad Croissant	House Salad
Wed, Oct 11	Greek Chicken	Hamburger	Custom Salad
Thu, Oct 12	Pepper Steak	Pita Wraps	Flatbread House Salad
Fri, Oct 13	Spaghetti w/ Meat Sauce	Polish Sausage	Crunchy Chicken Salad
Mon, Oct 16	Fall Harvest Maple Chicken	Fish Sandwich	Pizza Salad
Tue, Oct 17	Chicken Tetrazzini	Philly Steak Sandwich	Turkey Craisin Salad
Wed, Oct 18	HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)		
	Taco Casserole	Turkey Wrap	Fruit Bowl
Thu, Oct 19	Broccoli Quiche	Pesto Chicken Pizza	Cattlemans Salad
Fri, Oct 20	Beef Stroganoff over Noodles	Chicken Salad Croissant	Diner Salad
Mon, Oct 23	Meatloaf	Egg Salad Sandwich	Tuna Salad
Tue, Oct 24	Chicken & Broccoli Casserole	BBQ Pork	Signature Salad
Wed, Oct 25	Tuna Noodle Casserole	Meatball Sub	Crunchy Chicken Salad
Thu, Oct 26	Swiss Chicken	Deli Sandwich	House Salad
Fri, Oct 27	Lemon Baked Fish	Grilled Chicken Sandwich	Custom Salad
Mon, Oct 30	BBQ Chicken	Tuna Salad Sandwich	Flatbread House Salad
Tue, Oct 31	Halloween - Zombie Eyes (Meatballs with Spaghetti Sauce)	Franken-footer-stein	Monster Salad

LOCATIONS & HOURS

Low Center (LC)

Continental Breakfast
7:30 - 10 a.m. (weekdays)

Lunch** (Provided by SNS*)
11:45 a.m. - 1:15 p.m. (weekdays)

**Daily vegetarian option available.
Please see cashier first.

Chestnut Towers Apartments

SNS* meals served daily by
reservation only - call the
COA for more information.

Front Street Crossing (FSC)

Café Hours
10 a.m. - 2 p.m. (weekdays)

Coffee available during business hours.

Lunch** (Provided by SNS*)
11:30 a.m. - 1:30 p.m. (weekdays)

Grab and go selections available!

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Chicken Taco Salad

Meals are funded by



Along with
Participant Contributions
& Community Donations



Senior Nutrition Services meals are for
seniors 60 and older.
They provide a complete meal.