

DAILY MENU (Menu is subject to change without notice. Daily vegetarian option available. Please see cashier first.)

Date	SNS Main Entrée*	Café Entrée	Café Fresh Salad	Chili Challenge
Thu, Nov 1	Chicken Provolone	Egg Salad Sandwich	Fruit Bowl	Traditional Chili
Fri, Nov 2	Salmon Patty w/ Tartar Sauce	Ham and Cheese Wrap	Seafood Salad	Cactus Chili
Mon, Nov 5	Beef Stroganoff	Polish Sausage	Turkey Craisins Salad	Vegetarian Chili
Tue, Nov 6	Lemon Fish	Italian Steak Sandwich	Chicken Taco Salad	White Chicken Chili
Wed, Nov 7	HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)			
	Turkey Burger	Three Meat Pizza	Roast Beef Salad	Traditional Chili
Thu, Nov 8	LC Dining Room CLOSED - Spaghetti w/ Meat Sauce (FSC ONLY)	LC Dining Room CLOSED - Cheeseburger (FSC ONLY)	LC Dining Room CLOSED - Custom Salad (FSC ONLY)	LC Dining CLOSED - Cactus Chili
Fri, Nov 9	Swiss Steak w/ Onion	Deli Sandwich	House Salad	Vegetarian Chili
Mon, Nov 12	BBQ Chicken	Pulled Pork	Fruit Bowl	White Chicken Chili
Tue, Nov 13	Egg & Broccoli Quiche	Bratwurst	Flatbread Salad	Traditional Chili
Wed, Nov 14	Pot Roast	Tuna Salad Sandwich	Crispy Chicken Salad	Cactus Chili
Thu, Nov 15	Thanksgiving Meal - Roast Turkey w/ Gravy	Thanksgiving Meal - No Café Entrée	Thanksgiving Meal - No Café Salad	No Chili
Fri, Nov 16	Sweet and Sour Pork	Meatball Sub	Grilled Chicken Salad	White Chicken Chili
Mon, Nov 19	Sloppy Joe	Deli Sandwich	House Salad	Traditional Chili
Tue, Nov 20	Liver & Onions	BBQ Chicken Pizza	Cattleman's Salad	Cactus Chili
Wed, Nov 21	HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)			
	Chicken Fajitas w/ Onions	Mushroom Swiss Burger	Diner Salad	Vegetarian Chili
Thu, Nov 22	Closed for Thanksgiving	Closed for Thanksgiving	Closed for Thanksgiving	Closed
Fri, Nov 23	Closed for the Thanksgiving Holiday	Closed for the Thanksgiving Holiday	Closed for the Thanksgiving Holiday	Closed
Mon, Nov 26	Chicken & Dumplings	BBQ Rib Sandwich	Custom Salad	Cactus Chili
Tue, Nov 27	Traditional Goulash	Pesto Chicken Pizza	Flatbread Salad	Vegetarian Chili
Wed, Nov 28	Pulled Pork	Italian Sub	Crispy Chicken Salad	White Chicken Chili
Thu, Nov 29	Traditional Chili	Roast Beef Club	Chicken Taco Salad	Cactus Chili
Fri, Nov 30	Pork Loin w/ Gravy	Chicken Salad Sandwich	Pizza Salad	Traditional Chili

LOCATIONS & HOURS

Lowe Center (LC)

Continental Breakfast
7:30 - 10 a.m. (weekdays)

Lunch** (Provided by SNS*)
11:45 a.m. - 1:15 p.m. (weekdays)

**Daily vegetarian option available.
Please see cashier first.

Chestnut Towers Apartments

SNS* meals served daily by
reservation only - call the
COA for more information.

Front Street Crossing (FSC)

Café Hours
10 a.m. - 2 p.m. (weekdays)
Coffee available during business hours.

Lunch** (Provided by SNS*)
11:30 a.m. - 1:30 p.m. (weekdays)

Grab and go selections available!

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Mushroom Swiss Burger

Meals are funded by



Along with
Participant Contributions
& Community Donations



* Senior Nutrition Services meals are for
seniors 60 and older.
They provide a complete meal.