

**DAILY MENU** (Menu is subject to change without notice. Daily vegetarian option available. Please see cashier first.)

Date	SNS Main Entrée*	Café Entrée	Café Fresh Salad
Fri, Mar 1	Hungarian Pork Chop	Fish Sandwich	Signature Salad
Mon, Mar 4	Sweet and Sour Chicken	Pepperoni Pizza	Seafood Salad
Tue, Mar 5	Hot Beef Sandwich	Mardi Gras Special - LC ONLY Egg Salad Sandwich - FSC ONLY	No Café Salad - LC ONLY Turkey Craisins Salad - FSC ONLY
Wed, Mar 6	<b>HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)</b>		
	Egg Frittata w/ Cheese	Polish Sausage	Chicken Taco Salad
Thu, Mar 7	Roast Beef w/ Gravy	Three Meat Pizza	Grilled Chicken Salad
Fri, Mar 8	Vegetarian Taco	Cheeseburger	Custom Salad
Mon, Mar 11	Meatloaf	Deli Sandwich	Crispy Chicken Salad
Tue, Mar 12	Traditional Goulash	Bratwurst	Tuna Salad
Wed, Mar 13	Turkey à la King	BBQ Chicken Pizza	Flatbread Salad
Thu, Mar 14	Baked Manicotti w/ Sausage	Meatball Sub	Grilled Chicken Salad
Fri, Mar 15	St. Patrick's Meal - Corned Beef and Cabbage	Tuna Salad Sandwich	B.L.T. Salad
Mon, Mar 18	Chicken Taco Salad	Pesto Chicken Sandwich	Fruit Salad
Tue, Mar 19	Chicken Teriyaki	Deli Sandwich	House Salad
Wed, Mar 20	<b>HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)</b>		
	Salisbury Steak	The Works Pizza	Cattleman's Salad
Thu, Mar 21	Quiche Lorraine	Mushroom Swiss Burger	Custom Salad
Fri, Mar 22	Lemon Pepper Fish	Crispy Chicken Sandwich	Signature Salad
Mon, Mar 25	Pork w/ Black-Eyed Peas	Pesto Chicken Pizza	Chicken Taco Salad
Tue, Mar 26	Chicken Provolone	BBQ Rib Sandwich	Flatbread Salad
Wed, Mar 27	Hamburger	Italian Sub	Tuna Salad
Thu, Mar 28	Roasted Turkey w/ Gravy	Chicken Salad Sandwich	Crispy Chicken Salad
Fri, Mar 29	Crispy Fish Filet	Deli Sandwich	Fruit Salad

**LOCATIONS & HOURS**

**Lowe Center (LC)**

Continental Breakfast  
7:30 - 10 a.m. (weekdays)

Lunch\*\* (Provided by SNS\*)  
11:45 a.m. - 1:15 p.m. (weekdays)

\*\*Daily vegetarian option available.  
Please see cashier first.

**Chestnut Towers Apartments  
&  
Stone Lake Manor Apartments**

SNS\* meals served daily by  
reservation only - call the  
COA for more information.

**Front Street Crossing (FSC)**

Café Hours  
10 a.m. - 2 p.m. (weekdays)

Coffee available during business hours.

Lunch\*\* (Provided by SNS\*)  
11:30 a.m. - 1:30 p.m. (weekdays)

Grab and go selections available!

\*\*Daily vegetarian option available.  
Please see cashier first.



Italian Sub

**Meals are funded by**



Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA and Senior Nutrition Services dba Meals on Wheels of Southwest Michigan.