

# DAILY MENU (Menu is subject to change without notice. Daily vegetarian option available. Please see cashier first.)

Date	SNS Main Entrée*	Café Entrée	Café Fresh Salad
Wed, Feb 1	<b>HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)</b>		
	Sliced Turkey w/ Gravy	Italian Steak Sandwich	House Salad
Thu, Feb 2	Sloppy Joes	Deli Sandwich	Flatbread Salad
Fri, Feb 3	Spinach Ham Mac & Cheese	Burger	Italian Provolone Salad
Mon, Feb 6	Ham & Beans	Fish Sandwich	Fruit Bowl
Tue, Feb 7	BBQ Chicken	Pesto Chicken Pizza	Crab Salad
Wed, Feb 8	Soft Shell Tacos	Chicken Wrap	Grilled Chicken Salad
Thu, Feb 9	Swedish Meatballs w/ Gravy	B.L.T.	House Salad
Fri, Feb 10	Chicken Noodle Soup	Chicken Strips	Signature Salad
Mon, Feb 13	Grilled Chicken Sandwich	Grilled Ham & Cheese	Diner Salad
Tue, Feb 14	Cider-Braised Pork	Meatball Sub	Fruit Bowl
Wed, Feb 15	<b>HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)</b>		
	White Chicken Chili	Roast Beef & Cheddar Sandwich	Crunchy Chicken Salad
Thu, Feb 16	Breaded Baked Fish	Pita Melt	Garden Salad
Fri, Feb 17	Turkey à la King	Italian Steak Sandwich	Chicken Taco Salad
Mon, Feb 20	Closed for Presidents' Day	Closed for Presidents' Day	Closed for Presidents' Day
Tue, Feb 21	Salisbury Steak	BBQ Pork	Cattleman's Salad
Wed, Feb 22	Chicken Tetrazzini	Bacon Grilled Cheese	Cheese / Fruit / Nuts Plate
Thu, Feb 23	Stuffed Peppers	Grilled Chicken Sandwich	House Salad
Fri, Feb 24	Fish Creole over Rice	Deli Sandwich	Asian Salad
Mon, Feb 27	Veal Parmesan w/ Sauce over Linguine	Egg Salad Sandwich	Signature Salad
Tue, Feb 28	Southwest Chicken over Rice	Mardi Gras Meal - Special Menu	Italian Provolone Salad

## LOCATIONS & HOURS

### Lowe Center (LC)

Continental Breakfast  
7:30 - 10 a.m. (weekdays)

Lunch\*\* (Provided by SNS\*)  
11:45 a.m. - 1:15 p.m. (weekdays)

\*\*Daily vegetarian option available.  
Please see cashier first.

### Chestnut Towers Apartments

SNS\* meals served daily by  
reservation only - call the  
COA for more information.

### Front Street Crossing (FSC)

Café Hours  
10 a.m. - 2 p.m. (weekdays)

Coffee available during business hours.

Lunch\*\* (Provided by SNS\*)  
11:30 a.m. - 1:30 p.m. (weekdays)

Grab and go selections available!

\*\*Daily vegetarian option available.  
Please see cashier first.

Grilled Chicken  
Salad



## Meals are funded by



Along with  
Participant Contributions  
& Community Donations



\* Senior Nutrition Services meals are for  
seniors 60 and older.  
They provide a complete meal.