

DAILY MENU (Menu is subject to change without notice. Daily vegetarian option available. Please see cashier first.)

Date	SNS Main Entrée*	Café Entrée	Café Fresh Salad	Summer Salad
Wed, Aug 1	Salisbury Steak	Ham and Cheese Wrap	Fruit Bowl	Tuna Salad
Thu, Aug 2	HOT BREAKFAST / 8 - 9:30 a.m. (Lowe Center Only)			
	Tuna Salad	Polish Sausage	Roast Beef Salad	Egg Salad
Fri, Aug 3	Stuffed Green Peppers	Italian Steak Sandwich	Turkey Craisins Salad	Seafood Salad
Mon, Aug 6	Sweet and Sour Chicken	Three Meat Pizza	Chicken Taco Salad	Chicken Salad
Tue, Aug 7	Spinach Salad w/ Beef	Cheeseburger	Custom Salad	Tuna Salad
Wed, Aug 8	Turkey à la King	Deli Sandwich	House Salad	Egg Salad
Thu, Aug 9	Baked Tilapia	Pulled Pork	Fruit Bowl	Seafood Salad
Fri, Aug 10	Hot Beef Sandwich	Jumbo Hot Dog w/ Fixings	Flatbread Salad	Chicken Salad
Mon, Aug 13	Hamburger on a Bun	Italian Sub	Crispy Chicken Salad	Tuna Salad
Tue, Aug 14	BBQ Chicken	B.L.T. Wrap	Pizza Salad	Egg Salad
Wed, Aug 15	Closed for Annual Cookout	Closed for Annual Cookout	Closed for Annual Cookout	Closed
Thu, Aug 16	Bratwurst	Deli Sandwich	Grilled Chicken Salad	Seafood Salad
Fri, Aug 17	Lemon Baked Fish	Meatball Sub	House Salad	Chicken Salad
Mon, Aug 20	Swiss Steak w/ Onions	BBQ Chicken Pizza	Cattleman's Salad	Tuna Salad
Tue, Aug 21	Tuna Noodle Casserole	Roast Beef Club	Diner Salad	Egg Salad
Wed, Aug 22	Ham & Cheese Frittata	Bratwurst	Fruit Bowl	Seafood Salad
Thu, Aug 23	Entrée Salad w/ Chicken	Pesto Chicken Pizza	Turkey Craisins Salad	Chicken Salad
Fri, Aug 24	Baked Ziti w/ Meat	BBQ Rib Sandwich	Custom Salad	Tuna Salad
Mon, Aug 27	Taco Salad	Mushroom Swiss Burger	Flatbread Salad	Egg Salad
Tue, Aug 28	Pork Loin	Pepperoni Pizza	Crispy Chicken Salad	Seafood Salad
Wed, Aug 29	Mock Crab Salad on Lettuce	Turkey Salad Wrap	Pizza Salad	Chicken Salad
Thu, Aug 30	Egg & Ham Frittata	Grilled Chicken Sandwich	Signature Salad	Tuna Salad
Fri, Aug 31	Chicken Enchilada	Deli Sandwich	Roast Beef Salad	Egg Salad

LOCATIONS & HOURS

Lowe Center (LC)

Continental Breakfast
7:30 - 10 a.m. (weekdays)

Lunch** (Provided by SNS*)
11:45 a.m. - 1:15 p.m. (weekdays)

**Daily vegetarian option available.
Please see cashier first.

Chestnut Towers Apartments

SNS* meals served daily by
reservation only - call the
COA for more information.

Front Street Crossing (FSC)

Café Hours
10 a.m. - 2 p.m. (weekdays)

Coffee available during business hours.

Lunch** (Provided by SNS*)
11:30 a.m. - 1:30 p.m. (weekdays)

Grab and go selections available!

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Egg Salad Sliders
with Fresh Fruit Salad & Zesty Bowtie Pasta Salad

Meals are funded by



Along with
Participant Contributions
& Community Donations



Senior Nutrition Services meals are for
seniors 60 and older.
They provide a complete meal.