

## January 2021 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>HOURS</b>  <b>Lowe Center (LC) &amp; Front Street Crossing (FSC)</b> Lunch** (Provided by SNS*) 11:30 a.m. - 1:30 p.m. (weekdays)  Drive-Thru / Curbside ONLY				<b>1</b>  <b>Closed for New Year's Day</b>
<b>4</b> Main Entrée* French Dip w/ Au Jus Mashed Potatoes Coleslaw Bun Fruit Cocktail	<b>5</b> Main Entrée* Baked Herb Chicken Black Eyed Peas Dirty Rice Cornbread Mandarin Oranges	<b>6</b> Main Entrée* Swedish Meatballs Noodles Peas Peaches	<b>7</b> Main Entrée* Roast Pork w/ Mushroom Gravy Mashed Potatoes Broccoli Roll Citrus Mix	<b>8</b> Main Entrée* Turkey Chili w/ Beans, Carrots, Onions Redskin Potatoes Cheese Crackers Pears
<b>11</b> Main Entrée* Pepper Steak w/ Peppers Rice Asian Blend Vegetables Fruit Yogurt	<b>12</b> Main Entrée* Sloppy Joe Roasted Winter Vegetables Green Beans Fruit Juice	<b>13</b> Main Entrée* Cheese, Turkey Sausage & Pasta Casserole Side Salad w/ Carrots Roasted Broccoli Jello w/ Fruit	<b>14</b> Main Entrée* Chicken Fajitas w/ Onions, Peppers & Tortilla Black Beans Mexican Rice Orange	<b>15</b> Main Entrée* BBQ Chicken Roasted Potatoes Greens Cornbread Five Fruit Salad
<b>18</b>  <b>Closed for Martin Luther King Jr. Day</b>	<b>19</b> Main Entrée* Beef Pot Pie Mashed Potatoes Carrots Pineapple	<b>20</b> Main Entrée* Liver & Onions Mashed Potatoes Beets Roll Banana Pudding	<b>21</b> Main Entrée* Spaghetti w/ Turkey Meatballs Italian Blend Vegetables Side Salad Breadstick Orange	<b>22</b> Main Entrée* Fish Sandwich Capri Blend Vegetables Coleslaw Bun Applesauce
<b>25</b> Main Entrée* Pizza Casserole Mixed Vegetables Sauteed Mushrooms Peaches	<b>26</b> Main Entrée* Chicken, Broccoli & Rice Casserole Peas Vegetable Blend Mandarin Oranges	<b>27</b> Main Entrée* Hearty Beef Stew w/ Potatoes, Carrots & Onions Peas Roll Peaches	<b>28</b> Main Entrée* Tuna Noodle Casserole w/ Peas & Carrots Country Mix Vegetables Baked Apple Slices	<b>29</b> Main Entrée* Philly Steak Sandwich Sauteed Sweet Peppers & Onions Broccoli Pears Birthday Cake

Menu is subject to change without notice.  
 \*\*Daily vegetarian lunch option available.  
 Please see cashier first.



Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA and Senior Nutrition Services dba Meals on Wheels of Southwest Michigan.