

## DECEMBER 2021 *Menu*

Monday	Tuesday	Wednesday	Thursday	Friday
LOCATIONS & HOURS				
<p><b>Low Center Hours (LC)</b></p> <p>Lunch** (Provided by SNS*) 11:30 a.m. - 1:30 p.m. (weekdays) Take Out ONLY -- NO Dine-in</p>	<p><b>Front Street Crossing (FSC)</b></p> <p>Lunch** (Provided by SNS*) 11:30 a.m. - 1:30 p.m. (weekdays) Take Out ONLY -- NO Dine-in</p>	<p><b>1</b></p> <p><b>Main Entrée*</b> Chicken Lasagna Italian Vegetables Steamed Greens Breadstick Citrus Mix</p> <p><b>Café Entrée</b> Egg Salad Sandwich</p> <p><b>Café Fresh Salad</b> Crispy Chicken Salad</p>	<p><b>2</b></p> <p><b>Main Entrée*</b> Roast Pork w/ Gravy Steamed Broccoli Mashed Potatoes Roll Apple Crisp</p> <p><b>Café Entrée</b> Decked-Out Burger</p> <p><b>Café Fresh Salad</b> B.L.T. Salad</p>	<p><b>3</b></p> <p><b>Main Entrée*</b> Lemon Pepper Tilapia Rice Orange Glazed Carrots Roll Fruit Yogurt</p> <p><b>Café Entrée</b> Deli Sandwich</p> <p><b>Café Fresh Salad</b> Italian Salad</p>
<p><b>Chestnut Towers Apartments</b> SNS* meals served daily by reservation only - call the COA for more information.</p>				
<p><b>6</b></p> <p><b>Main Entrée*</b> Beef &amp; Broccoli Rice Peas Roll Mandarin Oranges</p> <p><b>Café Entrée</b> Reuben</p> <p><b>Café Fresh Salad</b> Flatbread Salad</p>	<p><b>7</b></p> <p><b>Main Entrée*</b> Chicken Tetrazzini Italian Blend Vegetables Mixed Greens Breadstick Peaches</p> <p><b>Café Entrée</b> Beef and Mushroom Melt</p> <p><b>Café Fresh Salad</b> Grilled Chicken Salad</p>	<p><b>8</b></p> <p><b>Main Entrée*</b> Philly Steak Sandwich w/ Cheese Roasted Potatoes Southwest Vegetables Steak Bun Pears</p> <p><b>Café Entrée</b> Polish Sausage</p> <p><b>Café Fresh Salad</b> Roast Beef Salad</p>	<p><b>9</b></p> <p><b>Main Entrée*</b> Honey Garlic Chicken Baked Red Potatoes Lima Beans Roll Citrus Mix</p> <p><b>Café Entrée</b> B.L.T. Wrap</p> <p><b>Café Fresh Salad</b> Chicken Taco Salad</p>	<p><b>10</b></p> <p><b>Main Entrée*</b> Roast Beef w/ Gravy Mashed Potatoes Mixed Vegetables Roll Jello w/ Fruit</p> <p><b>Café Entrée</b> Basil Tomato Grilled Cheese</p> <p><b>Café Fresh Salad</b> House Salad</p>
<p><b>13</b></p> <p><b>Main Entrée*</b> Sloppy Joe Mexican Corn Southwest Vegetables Bun Pineapple</p> <p><b>Café Entrée</b> Tuna Salad Sandwich</p> <p><b>Café Fresh Salad</b> Turkey Craisins Salad</p>	<p><b>14</b></p> <p><b>Main Entrée*</b> Italian Chicken Breast Au Gratin Potatoes Stewed Tomatoes Roll Fruit Yogurt</p> <p><b>Café Entrée</b> Bacon Cheeseburger</p> <p><b>Café Fresh Salad</b> Buffalo Chicken Salad</p>	<p><b>15</b></p> <p><b>Main Entrée*</b> Beef Stroganoff w/ Peas &amp; Onions Noodles Baked Cauliflower Whole Wheat Roll Fruit Crisp</p> <p><b>Café Entrée</b> Grilled Cheese</p> <p><b>Café Fresh Salad</b> Cattlemen's Salad</p>	<p><b>Christmas Meal</b></p> <p><b>16</b></p> <p><b>Main Entrée*</b> Glazed Ham Mashed Potatoes Corn Casserole Roll / Applesauce Pie</p> <p><b>Café Entrée</b> No Café Entrée</p> <p><b>Café Fresh Salad</b> No Café Salad</p>	<p><b>17</b></p> <p><b>Main Entrée*</b> Liver &amp; Onions Mashed Potatoes Carrots Roll / Cinnamon Applesauce Birthday Cake</p> <p><b>Café Entrée</b> Pulled Pork</p> <p><b>Café Fresh Salad</b> House Salad</p>
<p><b>20</b></p> <p><b>Main Entrée*</b> Shepherd's Pie w/ Carrots Mashed Potatoes, &amp; Peas Steamed Greens Roll Mixed Fruit Cup</p> <p><b>Café Entrée</b> Mushroom Swiss Burger</p> <p><b>Café Fresh Salad</b> Custom Salad</p>	<p><b>21</b></p> <p><b>Main Entrée*</b> Italian Beef California Blend Vegetables Potato Wedges Steak Bun Mandarin Oranges</p> <p><b>Café Entrée</b> Meatball Sub</p> <p><b>Café Fresh Salad</b> Flatbread Salad</p>	<p><b>22</b></p> <p><b>Main Entrée*</b> Chicken Kiev Roasted Potatoes Creamed Corn Silver Dollar Roll Christmas Dessert</p> <p><b>Café Entrée</b> Chicken Parm Sandwich</p> <p><b>Café Fresh Salad</b> Roast Beef Salad</p>	<p><b>23</b></p> <p><b>Main Entrée*</b> Spaghetti w/ Meat Sauce Peas &amp; Carrots Broccoli Breadstick Pears</p> <p><b>Café Entrée</b> Grilled Chicken Wrap</p> <p><b>Café Fresh Salad</b> Grilled Chicken Salad</p>	<p style="text-align: center; font-size: 2em;"><b>CLOSED</b> for Christmas Eve</p>
<p><b>27</b></p> <p style="text-align: center; font-size: 2em;"><b>CLOSED</b> for the Christmas Holiday</p>	<p><b>28</b></p> <p><b>Main Entrée*</b> Fish Sandwich Spinach Stewed Tomatoes Bun Peaches</p> <p><b>Café Entrée</b> Meatloaf Sandwich</p> <p><b>Café Fresh Salad</b> Chicken Taco Salad</p>	<p><b>29</b></p> <p><b>Main Entrée*</b> Chicken Fajitas w/ Sautéed Onions &amp; Peppers Black Beans / Mexican Rice Tortilla Juice</p> <p><b>Café Entrée</b> Bratwurst</p> <p><b>Café Fresh Salad</b> Buffalo Chicken Salad</p>	<p><b>30</b></p> <p><b>Main Entrée*</b> Cabbage Roll w/ Rice &amp; Meat Greens Black Eyed Peas Cornbread Cake</p> <p><b>Café Entrée</b> Italian Melt</p> <p><b>Café Fresh Salad</b> House Salad</p>	<p><b>31</b></p> <p style="text-align: center; font-size: 2em;"><b>CLOSED</b> for New Year's Eve</p>

Menu is subject to change without notice.  
\*\*Daily vegetarian lunch option available.  
Please see cashier first.



Meals are funded in part by Region IV Area Agency on Aging and are served in partnership with Cass County COA and Senior Nutrition Services dba Meals on Wheels of Southwest Michigan.